UPARASA

गन्धाश्म गैरि कासीस कांक्षीतालशिलाञ्जनम् । कंकुष्ठं चेति उपरसाश्चाष्टौ पारदकर्मणि ।।

GANDHAKA
(SULPHUR)

GAIRIKA
(OCRE OF IRON)

KASISAM
(FERROUS SULPHATE)

KANKSHI
(ALUM)

TALAKA
(YELLOW ARSENIC)

MANSHILA
(REALGAR)

ANJANA
(COLLYRIUM)

KANKUSHTA

GANDHAKA
SULPHUR (S)
Sp. g. 1.9 to 2.1Hard 1.5 to 2.5

PARYAYA –Kusthari, Keetagna, Balivasa, Lelitak, Sulvari, Pamari, Rasagandha etc.

BHEDA –

I. 1) Rakta – Sukachinchabha – Uttama
2) Peeta → Rasarasayanartha – Madhyama
3) Shukla – Khatika → Lepanartha – Adhama
4) Krishna → Jaramrutyuhara → Durlabha

II.1) Amalasara → Abhyantara Prayogartha
2) Pinda → Bahya Prayogartha.

GRAHYA LAKSHANA –

Sukapiccha Samana,
Peetaharitabha, Navaneetasamaprabha,
Masruna Kathina Snigdha, Manibhakruti.

GUNA –

Rasa – Katu, Tikta, Kashaya.
Guna → Ushna, Sara
Veerya → Ushna M.P. → 112.8^0 C
Vipaka →Madhura BP → 270^0 C

SHODHANA –

Grahya Gandhak Churna in Grita Lipta Darvi-Agni- Dravarupi-Dalana(7 times)-Godugdha/ Bringaraj swarasa-Pitavarna ShodhitaGandhaka.

(RRS-3)

GANDHAKA RASAYANA-

Shuddha Gandhaka –Dugdha(3 bhavanas),-Chaturjata, Triphala, Guduchi, Shunthi, Bringaraj & Aardraka (8 bhavanas each),-Gandhaka Rasayana (AP-2)

UPAYOGA –

Dhatukshaya Prameha, Udararoga, Kustha, Balya, Vrushya.

MATRA – ½ Tola

YOGA – Arshakuthararas, Kajjali, Makardhawaja Panchamruta Parpati, Rasaparpati etc.

GAIRIKA

OCHRE Fe_2O_3

Sp. g. 4.5 to 5

PARYAYA –Girija, Raktha dhatu, Girimruttika, Gairika, Gairya, Lohadhatu etc.

GRAYHA LAKSHANA –

Raktha Varna, Snigdha, Masrana, Mrudu

For Pasana Gairika – Katina, Tamra Varna (Ref. RRS 3)

BHEDA –1) Swarna Gairika – Kidney Iron Ore

2) Samanya Gairika – Haemotite – Fe_2O_3

3) Pashana Gairika – Haemotite – Fe_2O_3 [RRS - 3/47, Ayu. Pr. – 2/261]

SHODHANA –

1) Grahya Gairika Churna- Dughdha Bhavana (3) → Dried → Shuddha Gairika (RRS-3)

2) Grahya Gairika Churna → Ghrita Bharjana → Shuddha Gairika (AP-2)

SATWAPATANA –

Shuddha Gairika → Kshara Varga / Amla Varga Dravya Swedana → Musha → Agni → Satva

SHUDDHA GAIRIKA GUNA –

Sheeta, Madhura, Kashaya Rasa, Raktapitta, Hikka, Vamana, Visha, Raktasrava Nashaka

YOGA –

Kandarpa Rasa, Gairikadya Pralepa, Jatyadi Taila, Krimighatini Gutika,Pradarantaka Loha, Somagratha etc

KASISA

GREEN VITRIOL $FeSO_4 7H_2O$

Sp. g. – 1.8 to 1.9 Hard – 2

PARYAYA –

Dhatukasisa, Pamshuka, Pamshukasisa, Pushpakasisa, Khaga, Khechara etc.

GRAYHA LAKSHANA –

Haritavarna, Manibhakriti.

BHEDA – 1) Sweta, Peeta, Krishna (Rasarnava)

2) Sweta, Peeta, Rakta, Krishna (Anandakanda)

3) Kasisa, Dhatu Kasisa, Pushpakasisa (AP)

SHODHANA –

1) Grahya Kasisa Churna → Bhringaraja swarasa Klinnam → Dried → Shuddha Kasisa (RRS – 3)

2) Grahya Kasisa Churna → Bhringaraja swarasa Swedana (3 Prahara) → Dried → Shuddha Kasisa (AP – 2)

MARANA –

Shuddha Kasisa → Kanji Bhavana (7) → Chakrika → Gaja Puta (Till Niramla) → Raktavarna Bhasma (RT – 21

MATRA – ½ Ratti – 2 Ratti.

SATWAPATANA –

Shuddha Kasisa (1) + Yavakshara, Tankanashara, Sarjakshsara (¼ each) → Nimbu Swarasa Bhavana → Musha → Satva (RRS – 3)

ANUPANA – Madhu

UPAYOGA – Pandunashaka, Rajapravartak, Balya. etc.

YOGA – Kasisadigutika, Kasisadya Taila, Rajapravartini Vati, Loharasayana, BruhatvataChintamani Rasa etc

KANKSHI (SPHATIKA)

POTASH ALUM

$K_2SO_4Al_2(SO)_3\ 24H_2O$

PARYAYA – Kankshi, Sourashtri, Shubhra, Tuvari, Rangada etc.

GRAHYA LAKSHANA – Ishat, Peetavarna, Guru, Snigdha.

BHEDA – 1) Sita, Krishna (Rasarnava)
2) Phataki, (Ishat Peeta), Phullika (Shubhra), (RRS)

SHODHANA –

Grahya Kankshi → Iron pan → Agni → Shuddha Kasisa (AP – 2)

MARANA –

Shuddha Sphatika → Sharava Samputa Agni → Laghu puta (1)

→ Shweta Bhasma (Paradasamhita)

MATRA – 2 Ratti – 4 Ratti.

SATWAPATANA – Shuddha Sphatika Bhasma+Kshara orAmla Dravya-Agni- Satva (RRS – 3)

UPAYOGA –Keshya, Vranagna, Vishagna, Rakta sthambaka, Vruna Shodhaka etc.

YOGA – Shankha Drava, Eladimantha. Dravaka rasa, Shuddha Sphatika Churna etc.

HARATALA

(YELLOW ARSENIC) (As_2S_3)

Sp. g. 3.4 to 3.5, Hard – 1.5 to 2

PARYAYA–Taala, Pinjara, Vangari, Kharjura, Vamshapatra, Romahrut etc.

BHEDA –1) Patra Taala (Uttama), Pinda Taala (Adhama)

GRAHYA LAKSHANA –Swarna Varna, Guru, Snigdha, Tanupatra, Bhasura, Bahupatra,

GUNA – Rasa – Katu, Tikta Kashaya,
Guna – Snigdha, Ushna,
Veerya - Ushna

SHODHANA –Grahya Haratala Churna-
Kushmanda Swarasa Swedana, Dolayantra (3 hrs) Wash in hot water-Shuddha Haratala (RRS – 3)

MARANA – Not Needed.

SATWA PATANA –

Haratala-- Arka Dugdha Bhavana (1 day) + Tila Taila (1 Tola)-
Mardana- Pachana (7 Prahara) Valuka Yantra Swanga Shita-
Shweta Varna Satwa (In Tala bhaga) (RRS – 3)

GUNA KARMA –

Agni Deepaka, Balakaaraka, Kaantikara, Vrushya, Rasayana, Mrityuhara.Kushta, Arsha, Vishamajwara, Nadi rana, Kasa, Shwasa, Prameha.

MATRA – ¼ Ratti - ½ Ratti

ANUPANA –Guduchi Kashaya, Madhu, Ghrita

YOGA – Kasturi Bhairava Rasa, Taalakeshwara Rasa, Taalasindura, Nityananda Rasa, Vatagajankusha Rasa, Samirapannaga Rasa etc

MANASHILA

(REALGAR) (As_2S_2)

Sp. g. 3.5, Hard – 1.5 to 2

PARYAYA --Rogashila, Naipalika, Manohwa
Manojna, Kalyanika, RasaGandhaka etc.

BHEDA – 1) Shyamangi (Rakta varna uttama),
Kanaveeraka (Peetavarna madhyama),
Khandakya (Ati rakta varna), Adhama – (RRS)
2) Shyama, Kanaveera, Dvikhanda – (AP)

GRAHYA LAKSHANA –Rakta Utpala Prabha, Guru, Deepta.

GUNA – Rasa –Tikta Katu,

Guna – Snigdha, Guru, Sara

Veerya - Ushna

SHODHANA –

Grahya Manashila Agastyapatra / Aardraka Swarasa Bhavana (7)

-Shuddha Manashila (RT – 11)

MARANA – Not Explained

SATWA PATANA –

Manashila + Guda, Guggulu, Mandura, Ghrita (1/8th Each) → Mardana → Gola Musha/ Agni – Satwa (RT – 11)

GUNA KARMA – Agni Mandya, Kandu Kasa, Kshaya, Shwasa, Krimi, Visharoga Nashaka,

MATRA – 1/8 Ratti – 1/4 Ratti

ANUPANA – Madhu,

YOGA – Krimihara Rasa, Kshaya kesari Rasa, Trilokya Chintamani Rasa, Manashiladyanjana. Manashiladyavarti, Rasaraja Rasa etc.

ANJANA
(COLLYRIUM)

PARYAYA –Mechaka,
Lochaka (RT – 22)

BHEDA –I) 1) Sauviranjana (Aushadhopayogi),
2) Srotoanjana (For explosives),
3) Nilanjana (Dhatukarma Upayogi)
4) Pushpanjana (Vruna & Twak Roga Upayogi)
5) Rasanjana (Netra Roga, Vruna Nashaka & Shodhaka). (RRS – 3)

II) 1) Sweta (Sauviranjana)
2) Krishna (Srotoanjana) (AP – 2)

GRAHYA LAKSHANA

- 1) Sauviranjana (Dhumra, Pandu sweta),
  2) Srotoanjana (Valmikavath,),
  3) Nilanjana (Guru, Neelavarna)
  4) Pushpanjana (Sweta Varna)
  5) Rasanjana (Peeta Varna).

SHODHANA –

1) Grahya Sauviranjana & Srotanjana Kalka Pottali Swedana for 3 hours in Triphala kwatha / Bhringaraja swarasa (AP – 2)
2) Grahya Nilanjan Churna → Nimbu swarasa bhavana for 8 hours → Dried in sunlight(AP – 2)
3) Grahya Rasanjan – 3 Bhavanas in suryavartadi yoga. (RRS – 3)

MARANA – No Reference available.

SATWA PATANA –Anjana + Guda, Guggulu Mandura, Ghrita (1/8th Each) → Mardana → Gola $\xrightarrow{\text{Musha/ Agni}}$ → Satwa

GUNA KARMA –

1) Sauviranjana (Pittashamaka),
2) Srotoanjana (Kaphapittashamaka),
3) Nilanjana (Tridoshanashaka)
4) Pushpanjana (Tridoshanashaka)
5) Rasanjana (Netrarogari).

MATRA –

ANUPANA –

YOGA – Rasendramangalarasa,
Pushyanuga churna, Patrangasava,
Chandanadi churna etc.

KANKUSHTA (GAMBOSE TREE)
GARCINIA MORELLA

PARYAYA –Taalakushta, Teekshna, dughdhika, Rechaka, Swarnakshiriniryasa, Hemavati etc.

BHEDA – Nalika and Renuka (RRS – 3)

GRAHYA LAKSHANA –

Nalika – Raktabhapeeta, Guru, Snighda,

Renuka – Agrahya

GUNA –Rasa – Tikta, Veerya – Ushna.

SHODHANA –

Grahya Kankushta churna→Shunti kwatha bhavana(3)→Shuddha Kankustha (RRS – 3)

MARANA and SATWA PATANA – ----

GUNA KARMA –

Teekshna rechaka, Vruna, Udaravarta, Shoola, Gulma, Pleeha roga nashaka etc.

MATRA – 1 Yava – 1 Ratti

ANUPANA – Ushnajala

YOGA–

Udavartahara ghrita, Dhanvantari ghrita etc.

Thank
you!